

## Rekovellev<sup>®</sup> follitropin delta DOSAGE RECORD CARD

Below is an example on how to keep record of your injection dose

Date	1/10	2/10	3/10	4/10	5/10	6/10	7/10	8/10	9/10	10/10	
Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	
New Pen (mcg)	72	-	-	-	-	-	36	-	-	12	
Dose (mcg)	12	12	12	12	12	12	12	12	12	12	
Balance (mcg)	60	48	36	24	12	0	24	12	0	0	

When you change  
a new pen

Your daily  
dose

In the pen

## Rekovellev<sup>®</sup> follitropin delta DOSAGE RECORD CARD

Date											
Day											
New Pen (mcg)											
Dose (mcg)											
Balance (mcg)											

### Before using your Rekovellev<sup>®</sup> pre-filled pen

- Check your Rekovellev<sup>®</sup> pre-filled pen to make sure that it is not damaged. Do not use the pen if it has been dropped or hit against a hard surface
- Check the pen cartridge to see that the medicine is clear and does not contain particles. Do not use a pen with particles or unclear medicine in the cartridge
- Make sure you have the correct pen with correct strength
- Check the expiration date on the pen label

### Information about your Rekovellev<sup>®</sup> pre-filled pen

- The pen can be dialed to give doses from 0.33 mcg to 20 mcg of REKOVELLE in marked increments of 0.33 mcg.
- The dose scale of the pen is numbered from 0 to 20 mcg.
- Each number is separated by two lines, each line is equal to one increment of 0.33 mcg.

### Storage

- Always store the pen with the pen cap on without a needle attached.
- Do not use the pen after the month of expiration (EXP) printed on the pen label.

#### Before use:

- Store the pen in a refrigerator at 2°C to 8°C. Do not freeze.

#### After first use (in-use period):

- The pen may be stored for up to 28 days at or below 30°C.

Please visit  
<https://rekovelle.sg> to watch the  
video on the instructions



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**Rekovellev<sup>®</sup>**  
follitropin delta  
Pre-filled pen

## Patient Instruction Guide

## HOW TO USE THE REKOVELLE® PRE-FILLED PEN

1



- Wash and dry your hands before using your pen.
- Pull off the pen cap.
- Remove the protective foil from a new needle.



- Click or screw the needle onto the pen. You will feel a click when the needle is safely on.



- Remove the outer needle cap.
  - Remove the inner needle cap.
- Don't throw away the outer cap - you'll need it later.**

2



- You must prime each **new** Rekovelle® pre-filled pen before first use to remove any air bubbles that may be in the cartridge.
- To prime a new pen, turn the dose knob until the droplet symbol lines up with the dose indicator.

**If you have already used your pen, proceed directly to Step 5.**

3



- Hold the Rekovelle® pre-filled pen with the needle pointing upwards.
- Gently tap the cartridge holder to remove trapped air.

4



- Press the injection button all the way in until you see the number '0' lined up with the dose indicator and a droplet of liquid appearing at the needle tip.

**If no droplet appears, repeat Steps 2 to 4 until a droplet appears.**

5



- Turn the dose knob clockwise to the dose prescribed by your healthcare professional.
- Each line on the dose scale will change the dose by 0.33 micrograms.

**If you have any doubts about setting the correct dose, speak to your healthcare professional.**

6



- If you have accidentally set the wrong dose, correct it by turning the dose knob in either direction until the correct dose lines up with the dose indicator.

**If you are unable to dial your complete dose, you may need more than one pen to complete your prescribed dose. Please refer to split dosing for more information.**

7



- To inject the dose, clean the injection site with an alcohol swab.

**Hold the pen so the dose display is visible during the injection.**

- Pinch a small amount of skin and insert the pen needle using the injection technique recommended by your healthcare professional.
- Press the injection button all the way in and hold.
- **Wait for 5 seconds before releasing the injection button.**
- After 5 seconds, slowly remove the needle from the injection site.

8



- Remove the used needle from the pen by carefully reattaching the outer needle cap and unscrewing the needle.
- Dispose of the used needle carefully, as advised by your healthcare professional.
- Replace the pen cap onto the Rekovelle® pen.

**Always remove the needles after every use and do not store the pen with the needle attached**

## SPLIT-DOSE INJECTIONS

**If you are not able to set the full prescribed dose on your pen**, this means there is not enough medicine left in the pen to give the full dose. You will need to give part of your prescribed dose using your current pen and the remainder of the dose using a new pen (split-dose injection – see below). Alternatively, if you have a new pen, you can throw away the pen you had been using and use the new pen to give your full prescribed dose in 1 injection.

**To give a split dose**, write down the dose that is left in your current pen and give the injection using the rest of the medicine that is left in that pen. Prepare and prime a new pen (Steps 1–4). Calculate and write down the remaining dose required to give the full prescribed dose. Inject the remaining dose of medicine required with your new pen (Steps 5–8).